

ACE Agenda 2019
March 28th – 30th
Civana Carefree Resort
37220 Mule Train Road, Carefree, AZ 85377

Thursday, March 28th

Wellness Day

8:00-9:00am	Registration & Continental Breakfast
9:00-10:00am	Opening Session: “Relevance of Yoga in Medicine,” C. Rajan Narayanan, PhD, Executive Director, Life in YOGA Institute & Foundation
10:00-11:00am	“Sports Medicine for the Family Doc,” Shanyn Lancaster, MD, Trainer, Arizona State University
11:00 – 11:15am	BREAK
11:15-12:15pm	“Eat Mindfully, Live Vibrantly,” Michelle May, MD, CSP, Founder of “Am I Hungry?”
12:15-1:15pm	LUNCH – CMS Update to the AzAFP, “Invited” Ashby Wolfe, MD, MPH, Chief Medical Officer, Center for Medicare & Medicaid Services
1:15-2:45pm	“Physician Health First” – Nicole Eull, PsyD AAFP Physician Health First Educator
2:45-3:00pm	BREAK
3:00-4:30pm	“Physician Health First” - Continued
4:30-5:30pm	The EveryONE Project, Ravi Grivois-Shah, MD, MPH, MBA, Medical Director for Alvernon Family Medicine, Tucson, AZ
5:30pm	Adjournment for the day of CME

Friday, March 29th

7:00-8:00am	Registration & Continental Breakfast
7:45-8:00am	Course Introduction to POEMS Training – Steven Brown, MD
8:00-8:30am	Cardiovascular Disease – Gary Ferenchick, MD
8:30-9:00am	Musculoskeletal Problems – John Hickner, MD
9:00-9:30am	Hyperlipidemia – Steven Brown, MD
9:30-10:00am	Hypertension – Gary Ferenchick, MD
10:00-10:30am	BREAK & EXHIBITS
10:30-11:00am	Depression & Anxiety – John Hickner, MD
11:00-11:30am	Prevention – Steven Brown, MD
11:30-12:00pm	Cerebrovascular Disease – Gary Ferenchick, MD
12:00-1:00pm	LUNCH & Legislative Update, Susan Cannata, JD, AzAFP Lobbyist
1:00-1:30pm	Dysuria, Vaginitis, & UTI– John Hickner, MD
1:30-2:00pm	Guidelines We Can Trust – Steven Brown, MD
2:00-2:30pm	Editor’s Choice – All Faculty
2:30-3:00pm	BREAK & Exhibits
3:00-4:00pm	“From Weight to Well-Being,” Michelle May, MD

- 4:00-5:00pm ***“Gynecologic Oncology: What to look for,” Uma Chandavarkar, MD***
- 5:00pm ***Adjournment for the day of CME***
- 6:00-9:00pm** ***Awards Reception & Celebration Dinner
Celebrating AzAFP 70th Anniversary & Doctor’s Day
Café Meto, Civana Carefree
(Pre-registration & Tickets Required)***

Saturday, March 30th

- 7:30-8:00am ***Breakfast & Registration***
- 8:00-8:30am ***Upper GI Problems – Gary Ferenchick, MD***
- 8:30-9:00am ***Integrative Medicine – John Hickner, MD***
- 9:00-9:30am ***Sleep Problems – Steven Brown, MD***
- 9:30-10:00am ***Editor’s Choice – All Faculty***
- 10:00-10:30am ***BREAK***
- 10:30-11:00am ***Diabetes & Endocrine – Gary Ferenchick, MD***
- 11:00-11:30am ***Headache & Neurology – John Hickner, MD***
- 11:30-12:00pm ***Choosing Imaging – Steven Brown, MD***
- 12:00-12:30pm ***Clinical Queries – All Faculty***
- 12:30-2:00pm ***LUNCH & AAFP Update – AAFP VIP – Gary L. LeRoy, MD
AAFP President-Elect***
- 2:00-3:00pm ***“Polypharmacy & Seniors: An Approach to Optimize Care,”
Edward Schwager, MD***
- 3:00-3:15pm ***BREAK***
- 3:15-4:15pm ***“Collaborating with Dentist to Manage Patients with Obstructive
Sleep Apnea,” Nancy L. Addy, DDS
OPTIONAL CME***
- 4:15-5:15pm ***“Reflective Medical Writing: Learn how to reduce stress,
embrace your creativity, and let off steam through writing,”
Sandra Miller MD, Published Poet, Essayist, and Novelist***
- 5:15pm ***Adjournment of Meeting***