


Leadership: Listen and Learn

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Are Leaders Born or Made?





2 AMERICAN ACADEMY OF FAMILY PHYSICIANS


Let's Set the Stage for Today

- A quick look at leadership
- How three family physician leaders got started
- Where and how you can begin your leadership journey
- Questions, comments, thoughts


"Leadership is an elusive concept that, at times, can be vague and ambiguous. As a result, there are no set rules or formulas for leaders to follow."

*Abraham Lincoln
Lincoln on Leadership*

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We're wondering ...
Why are you here?



The Leaders You Know



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Leadership Attributes

- Integrity
- Visionary
- Communications
- Inspiring
- Empowering
- Mentoring/coaching
- Knowledgeable/Intelligent


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Let's Listen

Jay, Sarah, and Shelly's stories



Where and how do you begin your journey?



Types of Leaders

- Transactional
- Situational
- Inspirational
- Transformational

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How Do You Begin the Journey?

- ✓ Understand we each have a personal “style” based on our way of perceiving the world and that these styles affect us personally
 - Values, joys, strengths and irritations, stressors
 - Life decisions (e.g. occupation, work styles)
- ✓ Realize that a fundamental necessity of leadership is knowing ourselves in terms of style
- ✓ Identify how styles affect team situations and apply to our work in systems and in communities

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Finding out about find your style

- Preferred leadership roles
- Leadership competencies
- Personal characteristics – Color Palette, Kiersey Temperament Indicator, stenghtfinder, MBTI
- Learning capacity
- Responses to change
- Accepting/absorbing feedback

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Leadership is Learned

Education

- Formal Education
- Formal Training

Observation

- Relationships
- Role Models (Enablers and Disablers)
- Coaching and Feedback

Trial and Error


- Hardships
- Job Experience/Job Assignments

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Will You Dare to Lead?

Questions, comments, feedback, and more



Local, state and national opportunities

<ul style="list-style-type: none"> • Local chapters • Medical group or hospital • Community boards and activities 	<ul style="list-style-type: none"> • State chapters • Committees and boards • Advocacy • NCCL and ACLF • State health committees 	<ul style="list-style-type: none"> • AAFP commissions • AAFP Congress of Delegates • NCCL and ACLF • Advocacy
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**Questions?
Thank You**

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