Leadership: Listen and Learn
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Are Leaders Born or Made?

Let’s Set the Stage for Today
• A quick look at leadership
• How three family physician leaders got started
• Where and how you can begin your leadership journey
• Questions, comments, thoughts

“Leadership is an elusive concept that, at times, can be vague and ambiguous. As a result, there are no set rules or formulas for leaders to follow.”
Abraham Lincoln
Lincoln on Leadership
We’re wondering …
Why are you here?

The Leaders You Know

Leadership Attributes
• Integrity
• Visionary
• Communications
• Inspiring
• Empowering
• Mentoring/coaching
• Knowledgeable/Intelligent
Let’s Listen
Jay, Sarah, and Shelly’s stories

Where and how do you begin your journey?

Types of Leaders
• Transactional
• Situational
• Inspirational
• Transformational
How Do You Begin the Journey?

- Understand we each have a personal “style” based on our way of perceiving the world and that these styles affect us personally. Values, joys, strengths and irritations, stressors. Life decisions (e.g., occupation, work styles).
- Realize that a fundamental necessity of leadership is knowing ourselves in terms of style.
- Identify how styles affect team situations and apply to our work in systems and in communities.

Finding out about find your style

- Preferred leadership roles
- Leadership competencies
- Personal characteristics – Color Palette, Kiersey Temperament Indicator, strengfhfinder, MBTI
- Learning capacity
- Responses to change
- Accepting/absorbing feedback

Leadership is Learned

Education
- Formal Education
- Formal Training

Observation
- Relationships
- Role Models (Enablers and Disablers)
- Coaching and Feedback

Trial and Error
- Hardships
- Job Experience/Job Assignments
Will You Dare to Lead?

Questions, comments, feedback, and more

Local, state and national opportunities

- Local chapters
- Medical group or hospital
- Community boards and activities
- State chapters
- Committees and boards
- Advocacy
- NCCL and ACLF
- State health committees
- AAFP commissions
- AAFP Congress of Delegates
- NCCL and ACLF
- Advocacy

Questions?
Thank You

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